

## Editorial note on Health benefits in Childhood Obesity

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### Editorial Note

Childhood obesity has reached epidemic levels in developed as well as in developing countries. Overweight and obesity in childhood are known to have significant impact on both physical and psychological health. Overweight and obese children are likely to stay obese into adulthood and more likely to develop non-communicable diseases like diabetes and cardiovascular diseases at a younger age. The mechanism of obesity development is not fully understood and it is believed to be a disorder with multiple causes. Environmental factors, lifestyle preferences, and cultural environment play pivotal roles in the rising prevalence of obesity worldwide. In general, overweight and obesity are assumed to be the results of an increase in caloric and fat intake. On the other hand, there are supporting evidence that excessive sugar intake by soft drink, increased portion size, and steady decline in physical activity have been playing major roles in the rising rates of obesity all around the world. Childhood obesity can profoundly affect children's physical health, social, and emotional well-being, and self-esteem. It is also associated with poor academic performance and a lower quality of life experienced by the child. Many co-morbid conditions like metabolic, cardiovascular, orthopedic, neurological, hepatic, pulmonary, and renal disorders are also seen in association with childhood obesity. The methodology conjointly permits United States to explore the implementation and property of a technology-enhanced intervention in additional than 24 community apply settings. This paper includes an outline and justification for sample choice and achievement procedures, choice of assessment measures and ways, style of the intervention, and applied math analysis of vital outcomes.

Novel options of the look embrace the tablet-based toolkit approach that has sturdy relevance to a spread of kid psychological state interventions and also the use of a hybrid kind one effectiveness-implementation trial that enables for the coinciding investigation of the effectiveness of the intervention and also the implementation context.